



FOR IMMEDIATE RELEASE

December 9, 2013

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~ Media Advisory ~

JAMMIE STORYTIME and LITTLE FAMILY & KIDS YOGA @ SPRINGFIELD PUBLIC LIBRARY

JAMMIE STORYTIME

Children may wear their pajamas for a special evening of stories

Bring the whole family to Jammie Storytime. Wear your pajamas for bedtime story fun at the Springfield Library on Tuesday, December at 7:00pm. This program is free and is for children of all ages.

What: Jammie Storytime

When: Tuesday, December 17 at 7:00 pm

Where: Springfield Public Library, children's story corner

Additional Information: Contact Emily David at 541-726-2235

LITTLE FAMILY & KIDS YOGA *Two free yoga classes for preschoolers & parents and for kids*

Preschoolers are invited to enjoy a Little Family Yoga class at the Springfield Library on Tuesday, December 17, at 10:30-11am. Certified instructor, Brynne Blevins will help children and their caregivers explore movement in a fun, creative, and supportive way. The class will use songs and playful activities to introduce simple age-appropriate yoga poses, breathing, and focus activities. The program is free and is open to children ages 3-6.

Kids, ages 6-11, are invited to a Kids Yoga class on Friday, December 27, from 1-1:30 with certified instructor, Brynne Blevins. The class will help children explore movement in a fun, playful, and creative way. The program is free and held in the library meeting room.

What: Little Family Yoga class for preschoolers & Kids Yoga class

When: Tuesday, December 17, 2013 at 10:30-11:00, and Friday, December 27, 2013 at 1-1:30

Where: Springfield Public Library Meeting Room

Additional Information: Online at wheremindsgrow.org/kids.html or contact Emily David @ 541-726-2235

