



**FOR IMMEDIATE RELEASE**

**Oct. 25, 2013**

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**~ Media Advisory ~**

**KIDS YOGA AT THE SPRINGFIELD PUBLIC LIBRARY**

*Free yoga class for children 6-11 years*

Kids 6-11 years old are invited to enjoy a Yoga Class at the Springfield Public Library on Friday, November 8 at 1:00-1:30pm. Certified instructor Brynne Blevins will help children explore movement in a fun, playful, and creative way. The program is free and is open to children ages 6-11 years.

**What:** Kids Yoga Class for children 6-11 years

**When:** November 8, 2013 at 1:00-1:30pm.

**Where:** Springfield Public Library Meeting Room

**Additional Information:** Online at [wheremindsgrow.org/kids.html](http://wheremindsgrow.org/kids.html) or contact Pattiebuff Bear at 541.726.2243