



## **FOR IMMEDIATE RELEASE**

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## **~ Media Advisory ~**

### **NICK SYMONDS SPRINGFIELD 800 SET TO RUN IN HISTORIC WASHBURNE DISTRICT**

*One of a kind race on Oct. 13 to benefit Big Brothers, Big Sisters of Lane County*

Run with five-time 800 meter U.S. Champion, two-time Olympian and Springfield resident Nick Symmonds at the first of its kind “straight 800” meter road race set to take place in Springfield Oregon on Oct. 13 at 2 p.m. The inaugural "Nick Symmonds Springfield 800" will take over 5<sup>th</sup> Street in the historic Washburne District in Downtown. Join Nick, other elite athletes and community members from Springfield and Eugene for this all new road race and community party.

**How fast can you go?** Unlike a typical 800 – which is two laps around an Olympic track, runners of all levels will be able to test themselves on a straight road course with no turns. Everyone can participate in the 800 – which is about a half-mile! Several waves of skill levels will be available and all runners will be chip timed for the most accurate 800 possible.

Following the race, stick around for prizes, live music with Mystery Train and a unique selection of food vendors.

Don't miss this opportunity to meet and run with the five-time U.S. Champion!

#### **Race waves will include:**

1. Elite runners (men's and woman's wave)
2. Masters – 40 and older (men's and woman's wave)
3. Open wave (men's and woman's wave)
4. Youth

## 5. Walkers

### **Entry fees (all runners will be chip timed)**

Adults \$8.00 no shirt - \$15.00 with a cool, inaugural tech t-shirt

Kids \$5.00 no shirt - \$10.00 with the cool t-shirt

**What:** Inaugural Nick Symmonds Springfield 800

**When:** Saturday, October 13 – Music and food vendors start at 1 p.m. – Race wave begin at 2 p.m.

**Where:** Music and food vendors at the City Hall Fountain Plaza at 225 Fifth Street. The road race will take place on 5<sup>th</sup> Street between Centennial Blvd and A Street.

**Timing:** Waves will be launched every 5-10 minutes starting at 2 p.m.

**Can I just watch the race?:** Yes! Everyone is welcome to gather along Fifth Street (parade style) or at the Centennial fountain to watch the finishes, enjoy music and food.

**More information:** [www.springfield-or.gov](http://www.springfield-or.gov) or to sign up:

[http://www.runnerspace.com/gprofile.php?do=view\\_event&event\\_id=7923&mgroup\\_id=216&year=2012](http://www.runnerspace.com/gprofile.php?do=view_event&event_id=7923&mgroup_id=216&year=2012)