



**FOR IMMEDIATE RELEASE**

**October 4, 2010**

**Contacts:** Niel Laudati 541.726.3780

**~ Media Advisory ~**

**SPRINGFIELD LIBRARY FOUNDATION AUTHOR & MUSIC  
SERIES PRESENT  
JOHN KALLAS, AUTHOR OF *Edible Wild Plants***

*The author will discuss wild food identification*

On Saturday, October 16, 2010 at 3:30pm, the Springfield Library presents John Kallas, author of *Edible Wild Plants: Wild Foods from Dirt to Plate*. The event is presented by the Springfield Library Foundation as part of the “Springfield Library Foundation Author and Music Series.” It will take place in the Library Meeting Room.

John Kallas, Ph.D., is director of the company Wild Food Adventures and holds a Doctorate in nutrition. *Edible Wild Plants* discusses plant identification, but also recipes and a detailed account of the experiences of a forager. His lecture will share terrific tips about the picking and tasting of wild growing foods.

Admission is free.

**What:** Lecture by John Kallas, author of *Edible Wild Plants*

**When:** Saturday, October 16 at 3:30pm

**Where:** Springfield Library Meeting Room, 225 5<sup>th</sup> St.

**Additional Information:** Contact Carrie Schindele-Cupples at 541.726.2237