



FOR IMMEDIATE RELEASE

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~ Media Advisory ~

**3rd ANNUAL NICK SYMMONDS SPRINGFIELD 800
OCTOBER 17 IN DOWNTOWN SPRINGFIELD**

*Nick will be running for the course record when the
only straight 800 meter road race returns to Springfield*

Run with five-time 800 meter U.S. Champion, two-time Olympian and Springfield resident Nick Symmonds at the world's only "straight 800" meter road race set to take place in Springfield Oregon on October 17. The 3rd annual "Nick Symmonds Springfield 800" will take over 5th Street in the historic Washburne District in Downtown. Join Nick and other elite athletes and community members from Springfield and Eugene for this great road race and community party to benefit Lane County Committed Partners for Youth.

This year Nick will be pushing himself in the Elite Wave with an attempt to break the world "Straight 800" meter record.

How fast can you go? Unlike a typical 800 – which is two laps around an Olympic track, runners of all levels will be able to test themselves on a straight road course with no turns. Everyone can participate in the 800 – which is about a half-mile! Several waves of skill levels will be available and all runners will be chip timed for the most accurate 800 possible.

Come early for the Springfield Farmers' Market, stay for the race and enjoy downtown Springfield.

Don't miss this opportunity to meet and run with an Olympian, 2013 World Championships silver medalist and five-time U.S. Champion!

Race waves will include:

1. Elite runners (men's and woman's wave)
2. Masters – 40 and older (men's and woman's wave)
3. Open wave (men's and woman's wave)
4. Youth
5. Walkers

Entry fees (all runners will be chip timed)

Adults \$8.00 no shirt - \$18 with a cool, inaugural tech t-shirt - Kids \$5.00 no shirt - \$11 with the cool tech t-shirt

What: 3rd Annual Nick Symmonds Springfield 800

When: Friday, October 17 – Music and food vendors from the Springfield Farmers' Market start at 3 p.m. – race waves begin at 5:45

Where: The road race will take place on 5th Street between Centennial Blvd and A Street. The Farmers' Market and food vendors will be on A Street.

Timing: Waves will be launched every 5-10 minutes starting promptly at 5:45 p.m.

Can I just watch the race? Yes! Everyone is welcome to gather along Fifth Street (parade style) or at the Centennial fountain to watch the finishes, enjoy music and food and stay for the Art Walk.

More information: www.springfield-or.gov or to sign up:

https://secure.getmeregistered.com/get_information.php?event_id=11841